

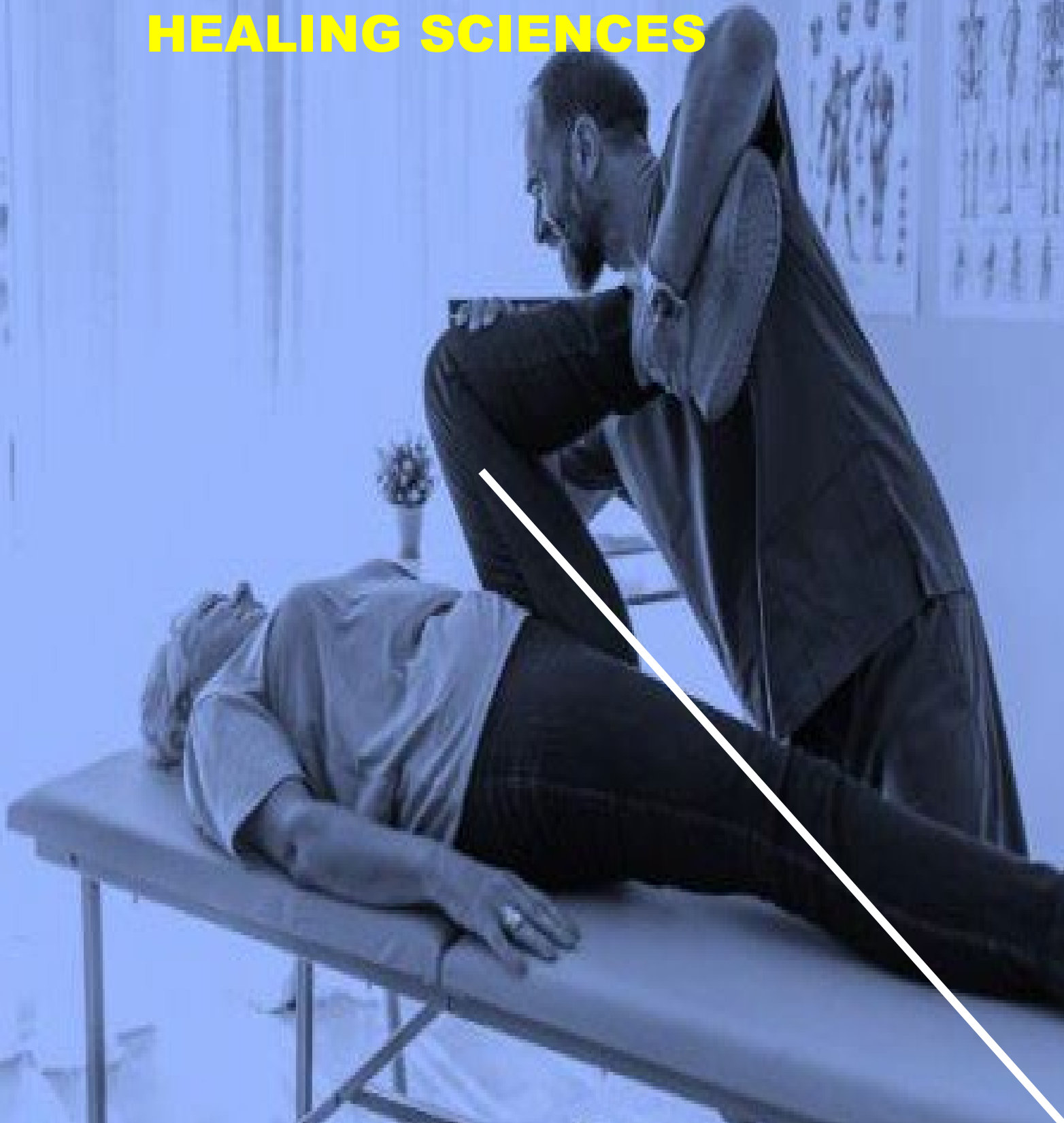
**New Earth College  
of  
Natural Healing  
Sciences**


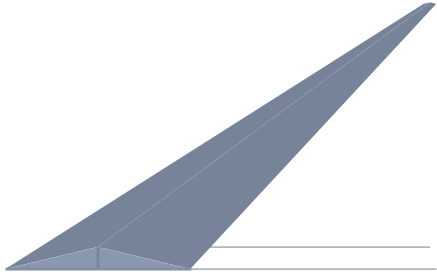


**Osteopathy  
Programs**



**NEW EARTH COLLEGE  
OF NATURAL  
HEALING SCIENCES**





**Since its founding in 1986, New Earth College of Natural Healing Sciences has offered top-notch, timely, and diverse educational programs and opportunities for the intellectual, cultural, and personal development of all of its members. As an educational leader that embraces change and adapts to the varied demands of its students while maintaining its reputation as a Canadian quality institution, the College cherishes its role as a fervent patriotic defender of fundamental Canadian values.**

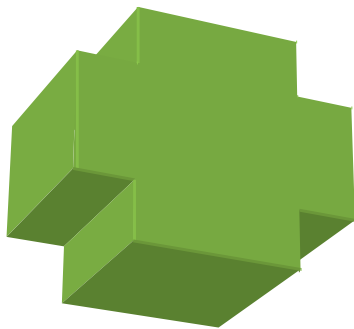
## Why is Manual Osteopathy for You?

- ***Holistic Approach:*** Osteopathy aligns with my interest in treating the body as an interconnected system, focusing on overall wellness rather than isolated symptoms
- ***Hands-On Techniques:*** You are drawn to the use of manual techniques in osteopathy, as they allow for a direct impact on patients' well-being, facilitating natural healing
- ***Personalized Care:*** The osteopathic philosophy of individualized patient care resonates with your goal to provide targeted, patient-specific treatments
- ***Preventative Focus:*** Osteopathy's emphasis on prevention and health maintenance appeals to you, as you are passionate about promoting long-term health rather than temporary solutions
- ***Interest in Musculoskeletal Health:*** You have a keen interest in musculoskeletal health and anatomy, making osteopathy an ideal field to deepen your expertise in these areas
- ***Career Versatility:*** Osteopathy offers diverse career opportunities, from private practice to integrative health settings, which aligns with your ambition to work in various healthcare environments
- ***Desire for Comprehensive Skill Set:*** You are eager to develop a comprehensive skill set in both diagnostic and therapeutic techniques that osteopathy programs provide, enabling you to treat a wide range of conditions effectively
- ***Alignment with Preventative and Functional Medicine Trends:*** The growing focus on preventive and functional medicine aligns with osteopathic principles, making it a timely and future-forward choice in healthcare



# Studying with New Earth College of Natural Healing Sciences:

- **Mission:** Provide quality, accessible, and affordable education, protect students from fraudulent practices, and support workforce and economic development
- **Accessibility:** Offer safe, inclusive learning environments and transfer options for diploma programs
- **Career Alignment:** Design programs to meet employer and student needs and foster personal growth and cultural awareness
- **Global Preparedness:** Prepare students for success in a multicultural, global economy and promote world culture appreciation
- **Diversity and Community:** Reflect community demographics and embrace diversity as a strength
- **Accreditation:** Accredited by national and international bodies, ensuring rigorous quality education
- **Recognition:** Accredited programs align with standards from Canadian and international bodies, ensuring academic and professional value





# **Osteopathy Programs**

- **Osteopathy I**
- **Osteopathy II**
- **Osteopathy III**
- **Osteopathy IV**

# **TOPICS**

# Osteopathy I

## **1 – Human Body Systems:**

### **Contents:**

Anatomy & Physiology of Body Systems; Blood Cells; Anatomy Exam

## **2 – Physical Health Practice:**

### **Contents:**

Medical Terminology; Physiologic Therapy

## **3 – Aroma, Physical, Physiotherapeutic Massage:**

### **Contents:**

Aromatherapy Level I; Exam I; Aromatherapy Level II; Exam II

## **4 – Patient Care and Ethics:**

### **Contents:**

Principles and Technique of Patient Care, Client Health Assessment; Client Health History; SOAP Notes; Ethics of Practice

## **5 – Clinical Practice:**

### **Contents:**

Practicum / Placement



# Osteopathy II

## **1 – History, Philosophy & Methodology:**

### **Contents:**

Overview of Manual Osteopathy; Manual Medicine; Adjunct Therapy; Osteopathy Philosophy and Methodology

## **2 – Posture, Biomechanics & Assessment:**

### **Contents:**

Orthopedic Physical Assessment; Foot Biomechanics; TOG Posture Solution

## **3 – Performance of Specialized Tests:**

### **Contents:**

Osteopathy Tests; Rehabilitative Activities; anat. of Joints

## **4 – Osteopathic Diagnosis & OMT Treatment:**

### **Contents:**

Muscle Summary; Adjustments; Palpation Videos

## **5 – Soft Tissue Mobilization:**

### **Contents:**

Massage for Orthopedic Conditions

## **6 – Muscle Energy Therapy:**

### **Contents:**

Meridians for MET; Muscle Energy Technique 1-5

## **7 – Joint Mobilization:**

### **Contents:**

OMT Efficacy and Safety; Anatomy of Joints; Osteo-Mobilization; Lower Extremity Mobilization

## **8 – Osteopathy Synopsis & Clinicals:**

### **Contents:**

Intern Level I – Supervised clinic management, patient intakes, treatment practice, execution of assigned treatments; Synopsis based on patient case studies

# Osteopathy III

## 1 – Clinical Osteopathy:

### Contents:

Review of Osteopathic History and Philosophy; Central Line of Gravity; Primary Respiratory Mechanism; Osteopathic Tools; Myofascial Technique

## 2 – Osteopathic Compendium:

### Contents:

Soft Tissue, Mobilization and Adjustive Techniques – Cervical Spine, Cervico-Thoracic Area, Thoracic Spine, Ribs, Lumbar Spine and Pelvis

## 3 – Foundations for Osteopathic Medicine:

### Contents:

Overview of Evaluation and Management; Regional Examination and Treatment; Palpatory Diagnosis and Manipulative Treatment; Goals and Expectations

## 4 – Osteopathy Clinicals:

### Contents:

Intern Level II & III – Patient Intake; Design and Execute Treatment Protocols; Perform Documented Supervision of Intern Levels I / II in Conjunction with Professor

## 5 – Osteopathy Thesis:

### Contents:

Related research on experience gained with patients and while supervising interns



# Osteopathy IV

## NEC Osteopathy DOMM©

This program is designed for duly qualified practitioners with previous / International Foreign trained Medical Graduates of any field of training who wish to become competent in traditional medicine practice. Graduates of this program will have comprehensive knowledge of Manual and Physical therapeutics / Osteopathy and will be able to assess the health of their clients and provide appropriate treatment for both curative and preventative healthcare.

- Prerequisite: COMA/COMP/DOST-I -II-III or Equivalent credits transfer - documented /validable
- 500 hrs classroom theory & practical teaching - Documented / validable Course
- 300 hrs professional mentorship / clinical internship (incl. 10 hrs final clinical exam) and letter of internship
- 300 hrs documented case studies & synopsis - to be submitted and validable
- 800 hrs workbooks, email lectures, independent study, home assignments and written examination.
- All based on fair existing credit transfers

Advanced Diploma Program: Osteopath NECNHS Osteopathy DOMM© (1900 hours total training)

Please note: This diploma program requires students to attend 20 hours of lectures in class.

**Advanced Diploma granted NEC Osteopathy DOMM©.**

# Pre-Enrollment Requirements

## *General Requirements:*

- English language proficiency
- Secondary education (12 years or equivalent) or mature student/post-secondary transfer
- Canadian citizenship, permanent residency, or legal study authorization
- **Minimum age:** 16
- Applies to domestic students

## *Pre-Enrollment Process:*

- Same criteria for domestic and online applicants

## *Payment & Pre-Enrollment:*

- Non-refundable \$250 pre-enrollment fee
- Fees must be paid during registration periods, with penalties for late payments
- Late registration fee: \$50 per course

## *Registration Periods:*

- **Regular Registration:** Tuition due within 5 business days
- **Late Registration:** Tuition due within 1 business day

## *Waiting Lists:*

- Students have 24 hours to accept/decline available seats
- Accepted seats require payment within specified timeframes based on registration period

## *Pre-Enrollment Steps:*

- Email college at [info@newearthcollege.org](mailto:info@newearthcollege.org)
- Complete the online pre-enrollment form
- **Pre-Enrollment fee:** \$250 (non-refundable)
- Additional remedial courses may be required for non-healthcare/science backgrounds
- **Optional required prerequisites:** Police clearance, criminal background check, notary-verified documents, academic interview based on and according to NEC boards discretion on an individual case basis (Clinical internships & hands on programs may require the prerequisites strictly)





# Faculty of Osteopathy



[www.newearthcollege.org](http://www.newearthcollege.org)