New Earth College of Natural Healing Sciences





Since its founding in 1986, New Earth College of Natural Healing Sciences has offered top-notch, timely, and diverse educational programs and opportunities for the intellectual, cultural, and personal development of all its members.

As an educational leader that embraces change and adapts to the varied demands of its students while maintaining its reputation as a Canadian quality institution, the College cherishes its role as a fervent patriotic defender of fundamental Canadian values.

N.E.C Canada is registered as a career college under the Ontario Career Colleges Act, 2005.

Why are Free E-Certificate Courses for you?

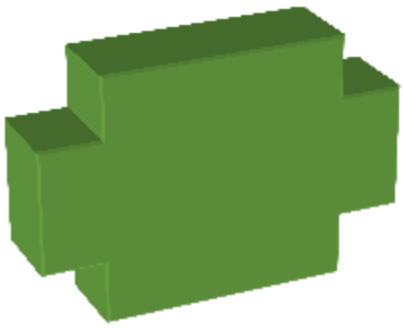
Free E-Certificate courses align with a philosophy of healing that values the whole person—mind, body, and spirit—and empowers individuals to support their health naturally.

- **Passion for Holistic Health:** Committed to a holistic approach that treats the root causes of health issues, not just the symptoms.
- **Focus on Preventative Care**: Interested in helping people prevent illness through natural and lifestyle-focused interventions.
- **Interest in Traditional Healing Practices**: Fascinated by traditional medicine systems, such as herbalism, acupuncture, and energy healing.
- **Desire for a Patient-Centered Approach**: Attracted to a therapeutic model that respects the individual's unique needs and values.
- **Commitment to Integrative Medicine**: Strong belief in combining natural therapies with modern medical approaches for comprehensive care.
- **Scientific Curiosity**: Eager to understand the biochemical and physiological effects of natural therapies on the human body.
- **Career Flexibility**: Appreciates the versatility of a career in natural medicine, with opportunities in private practice, wellness coaching, and education.
- **Interest in Sustainable Healthcare**: Drawn to sustainable and environmentally friendly approaches to healthcare.
- **Commitment to Lifelong Learning**: Enthusiastic about continual education and adapting to new findings in the field of natural medicine.



Why study with New Earth College of Natural Healing Sciences?

- **Mission**: Provide quality, accessible, and affordable education, protect students from fraudulent practices, and support workforce and economic development.
- **Accessibility**: Offer safe, inclusive learning environments and transfer options for diploma programs.
- **Career Alignment**: Design programs to meet employer and student needs and foster personal growth and cultural awareness.
- **Global Preparedness**: Prepare students for success in a multicultural, global economy and promote world culture appreciation.
- **Diversity and Community**: Reflect community demographics and embrace diversity as a strength.
- **Accreditation**: Accredited by national and international bodies, ensuring rigorous, quality education.
- **Recognition**: Accredited programs align with standards from Canadian and international bodies, ensuring academic and professional value.





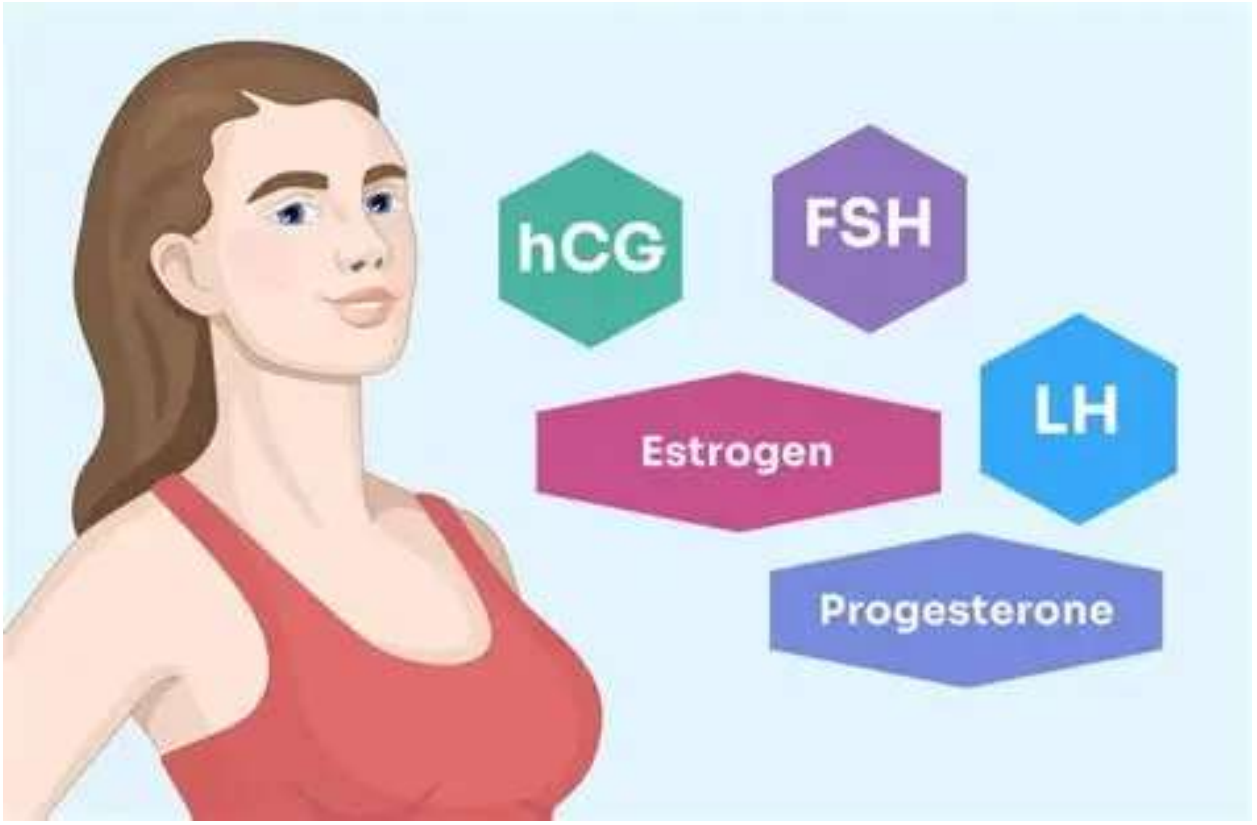


Free
E- Certificate
Courses

1. **E- Certificate in Female Hormonal Health**
2. **E-Certificate of Understanding Wholistic Health**
3. **E-Certificate in Gut Health**
4. **E-Cert of Human Anatomy and Biology basics**

TOPICS

E- Cert in Female Hormonal Health



This course is designed to help women understand their hormones, how they affect health, and practical steps to achieve balance naturally.

Each module is filled with actionable strategies, simple explanations, and empowering guidance. By the end of this course, you'll feel confident in managing your hormonal health, boosting energy, mood, and overall well-being.

Contents:

- Understanding Women's Hormones
- Signs of Hormonal Imbalance
- Hormones and Life Stages
- Nutrition for Hormone Balance
- Supplements and Herbs
- Lifestyle Strategies to support Hormones
- Environmental Factors
- Tracking and understanding your cycle
- When to seek professional help
- Creating your personalized Hormone balance plan

Course Duration: 10 hours

Reading Material: Hormone Balance for Women's Health, NEC



E- Cert – Understanding Wholistic Health



Discover the meaning of holistic health and how it integrates body, mind, and spirit for total well-being.

Wholistic Health goes further—it does not treat these areas as separate. Instead, it sees them as interconnected parts of a whole. Wholistic Health is about viewing a human being as a complete system—a physical body, a thinking mind, and a spiritual essence—each of which is deeply interconnected.

Contents:

- **Understanding Holistic Healing**
- **Core Principles of Holistic Health**
- **Building a Daily Healing Routine**
- **Healing the Body Naturally**
- **Nurturing the Mind**
- **Awakening the Spirit**
- **Integrating Holistic Healing into Daily Life**

Course Duration: 10 hours

Reading Material: Holistic Healing, NEC



E-Cert in Gut Health



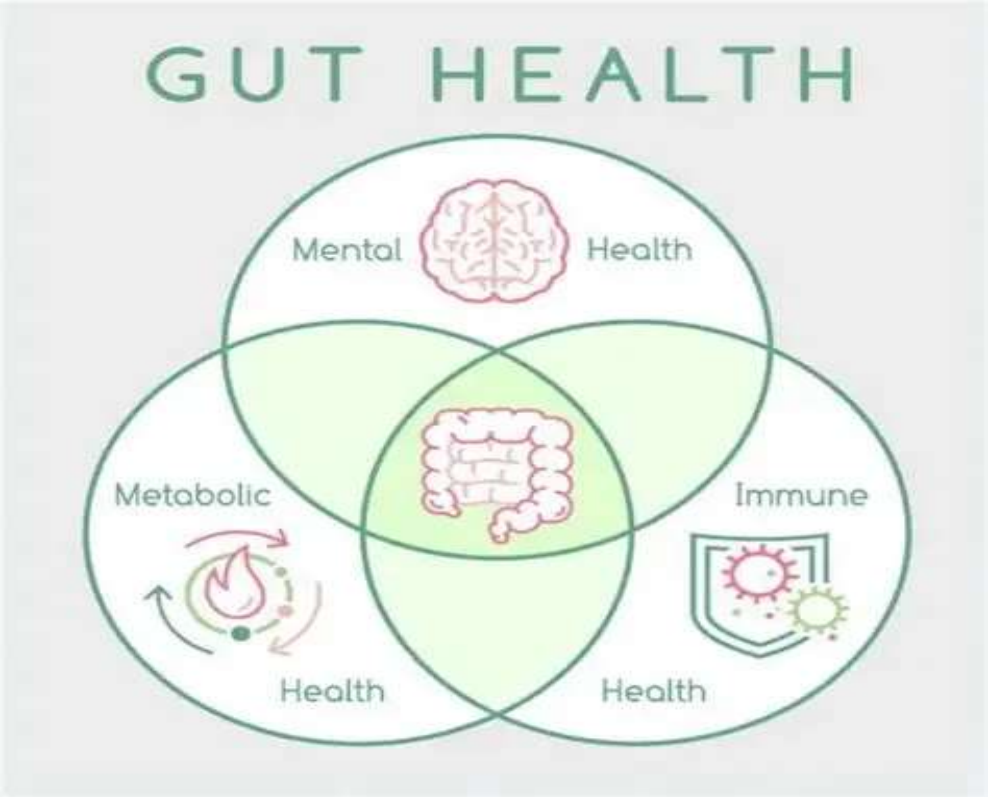
Understanding the digestive system is the first step toward improving your digestive health. It's essential to recognize the main organs involved, their roles, and how they work together to process the food you eat. A strong foundation in this knowledge will empower you to make informed decisions about your diet, lifestyle, and overall well- being.

Contents:

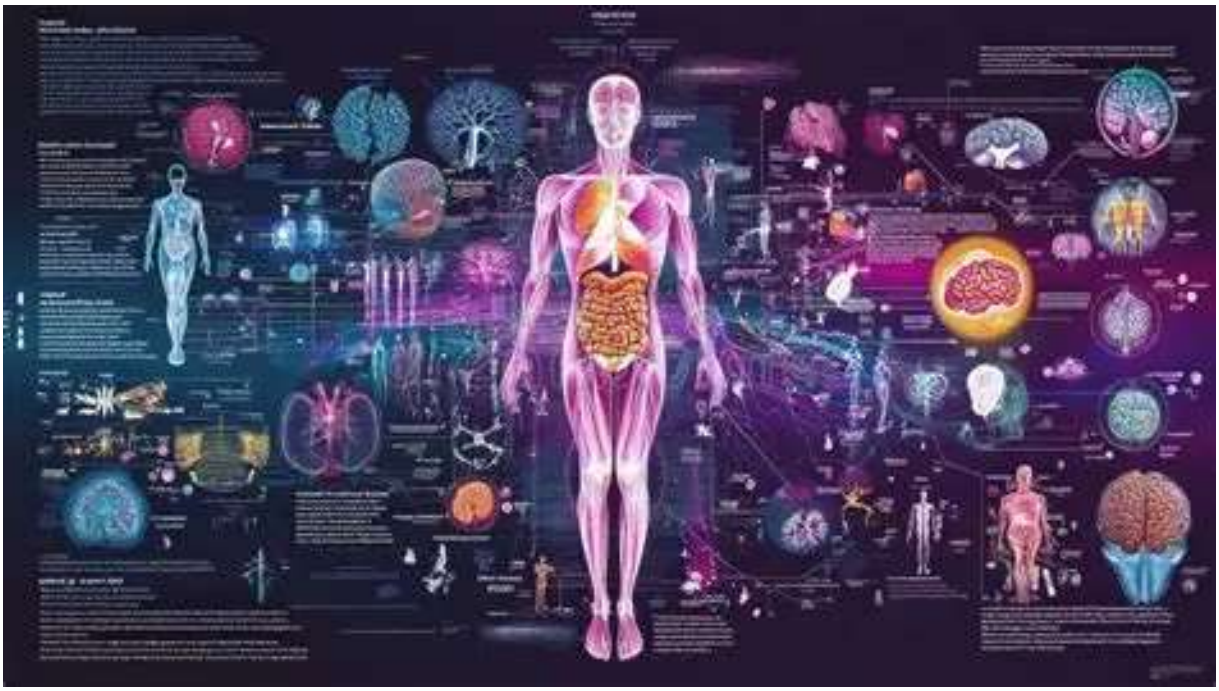
- **Understanding your Digestive Health**
- **Common Digestive Issues**
- **Nutrition for Optimal Digestion**
- **The Role of Probiotics and Prebiotics**
- **Lifestyle Habits for better digestion**
- **Stress and your gut**
- **Sleep and digestion**
- **Identifying and Managing Digestive Disorders**
- **Simple remedies for common digestive issues**
- **Long-term Digestive Health**

Course Duration: 10 hours

Reading Material: Digestive Health, NEC



E-Certificate of Anatomy, Physiology, Organ Systems and Biology



Welcome to your journey into the world of human anatomy, physiology, organ systems, and biology.

This course is designed to build your knowledge from basic concepts to pre-medical sciences. You will explore the structure and function of the human body, cells, genetics, and major organ systems, developing a strong foundation for further studies in medicine and health sciences.

Contents:

Level 1 – Basic Anatomy, Physiology, Organ Systems and Biology

Level 2 – Intermediate Grade 10 Science
Skeletal, Muscular, and Nervous system

Physiology, Circulatory, Digestive, Endocrine systems, Cells and Cell Biology, Genetics and DNA, Evolution and Adaptation, and Organ Systems.

Level 3 – Grade 11-12 Pre-Med Sciences
Anatomy: Body planes and directions, body cavities
Skeletal system: bone structure and classification
Muscular system: muscle types and structure
Nervous system: central and peripheral components
Human brain anatomy, Cardiovascular system, Respiratory system Digestive system and Metabolism, Reproductive system
Cell Biology and Physiology, Nervous system and Endocrine system Circulatory and Respiratory system, Genetics and Molecular Biology, Ecology and Environmental Science, Basic Pet Systems
Pre-Med Sciences

Course Duration: 10 hours

Reading Materials:
Level 1 Basic Anatomy, Physiology, Organ Systems and Biology, NEC
Level 2 Intermediate Grade 10 Science, NEC
Level 3 Grade 11-12 Pre Med Sciences, NEC

https://www.newearthcollege.org/

Please feel free to email with any additional questions:
info@newearthcollege.org

