New Earth College of Natural Healing Sciences



Healthcare Certificates



Since its founding in 1986, New Earth College of Natural Healing Sciences has offered top-notch, timely, and diverse educational programs and opportunities for the intellectual, cultural, and personal development of all its members.

As an educational leader that embraces change and adapts to the varied demands of its students while maintaining its reputation as a Canadian quality institution, the College cherishes its role as a fervent patriotic defender of fundamental Canadian values.

Why is Healthcare Certificate Programs for you?

Healthcare Certificate programs align with a philosophy of healing that values the whole person—mind, body, and spirit—and empowers individuals to support their health naturally.

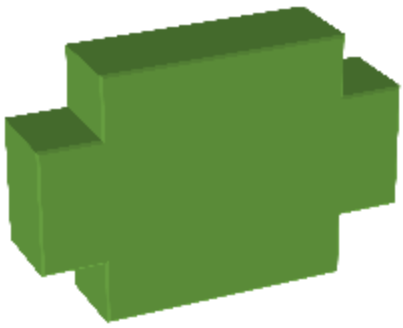
- **Passion for Holistic Health:** Committed to a holistic approach that treats the root causes of health issues, not just the symptoms.
- **Focus on Preventative Care**: Interested in helping people prevent illness through natural and lifestyle-focused interventions.
- **Interest in Traditional Healing Practices**: Fascinated by traditional medicine systems, such as herbalism, acupuncture, and energy healing.
- **Desire for a Patient-Centered Approach**: Attracted to a therapeutic model that respects the individual's unique needs and values.
- **Commitment to Integrative Medicine**: Strong belief in combining natural therapies with modern medical approaches for comprehensive care.
- **Scientific Curiosity**: Eager to understand the biochemical and physiological effects of natural therapies on the human body.
- **Career Flexibility**: Appreciates the versatility of a career in natural medicine, with opportunities in private practice, wellness coaching, and education.
- **Interest in Sustainable Healthcare**: Drawn to sustainable and environmentally friendly approaches to healthcare.
- **Commitment to Lifelong Learning**: Enthusiastic about continual education and adapting to new findings in the field of natural medicine.



N.E.C Canada is registered as a career college under the Ontario Career Colleges Act, 2005

Why study with New Earth College of Natural Healing Sciences?

- **Mission**: Provide quality, accessible, and affordable education, protect students from fraudulent practices, and support workforce and economic development.
- **Accessibility**: Offer safe, inclusive learning environments and transfer options for diploma programs.
- **Career Alignment**: Design programs to meet employer and student needs and foster personal growth and cultural awareness.
- **Global Preparedness**: Prepare students for success in a multicultural, global economy and promote world culture appreciation.
- **Diversity and Community**: Reflect community demographics and embrace diversity as a strength.
- **Accreditation**: Accredited by national and international bodies, ensuring rigorous, quality education.
- **Recognition**: Accredited programs align with standards from Canadian and international bodies, ensuring academic and professional value.





Healthcare Certificates

1. Certificate of Wellness & Food Nutrition
2. Certificate of Natural and Wholistic Medicine
3. Certificate of Natural Healing Protocols
4. Certificate of Natural Lifestyle Management

TOPICS

Certificate of Wellness & Food Nutrition

Most people want to live a long, happy, and healthy life. However, many individuals unknowingly damage their health through unhealthy habits and poor lifestyle choices. These habits may not only affect daily well-being but can also reduce overall life expectancy. The good news is that even small positive changes can make a big difference. By improving your daily habits and making healthier decisions, you can increase your energy, strengthen your body, and support long-term wellness. In this guide, we will explore some simple but effective ways to improve your health naturally and create a healthier lifestyle.



Contents:

Course Duration: 30 - 35 hours

- **The Ketogenic lifestyle**
- **4 Natural ways to boost your energy levels**
- **How to boost your Immune system fast**
- **Living a Health-Boosting Lifestyle**
- **Exercise for a Healthy life**
- **Sleep Health**
- **Immune-Boosting Foods**
- **Do supplements work/Gender-specific supplementation**
- **Reduce stress, boost your health**
- **What causes a weak immune system**
- **10 Signs Gluten is damaging your health**
- **Gluten free lifestyle**

Reading Material: Health Boosting Lifestyle, NEC



Certificate of Natural And Wholistic Medicines



Holistic health focuses on improving overall well-being by supporting the body, mind, and lifestyle together.

The following practical tips combine natural therapies, lifestyle changes, and mind–body techniques to enhance health, reduce stress, and promote long-term balance.

Contents:

Course Duration 30 - 35 hours

- **General Holistic Health tips**
- **Vitamins and Herbs for Natural Health support**
- **Natural Food Choices**
- **Skin Remedies**

Reading Material: Holistic and Alternative Medicine, NEC

Certificate of Natural Healing Protocols



One of the major differences between Eastern natural health systems and Western medicine is the way treatments are prescribed. Western medicine often treats similar symptoms with the same medication regardless of the patient's individuality. For example, if two people suffer from migraines, they may receive the same prescription.

In contrast, Eastern systems such as Ayurveda and TCM consider each person's unique body constitution and overall balance. Treatments are personalized according to the individual's needs, lifestyle, and internal harmony. As a result, two people with the same illness may receive completely different treatments.

This course explores Eastern an Alternative healing protocols.

Contents:
Course Duration 30 - 35 hours

- **Natural Health Systems from the East: Ayurveda, TCM**
- **10 Herbs and Botanicals used in Alternative Medicine**
- **10 Most common Alternative Therapies**
- **The healing power of massage**
- **Exercise is more Effective than most Alternative treatments**
- **Healing your body and calming your mind**
- **Treat these 10 common health issues naturally**
- **Treating Chronic Pain with Alternative Medicine**
- **Use these Potent foods to Combat Disease**
- **Using Alternative Medicine to treat Coronary Artery Disease and High Blood Pressure**

Reading Material: Healing Systems, NEC



Certificate of Natural Lifestyle Management



Welcome to your path to a more balanced, healthier existence!

It might be difficult to stay balanced in the fast-paced world of today. It is simple to overlook your physical, mental, and emotional requirements due to job, personal obligations, and continual digital distractions.
This course is intended to assist you in taking deliberate steps toward a lifestyle that promotes your general well-being, slowing down, and reflecting. It places more emphasis on lasting habits, self-awareness, and useful tactics than on drastic transformations or unattainable ambitions.

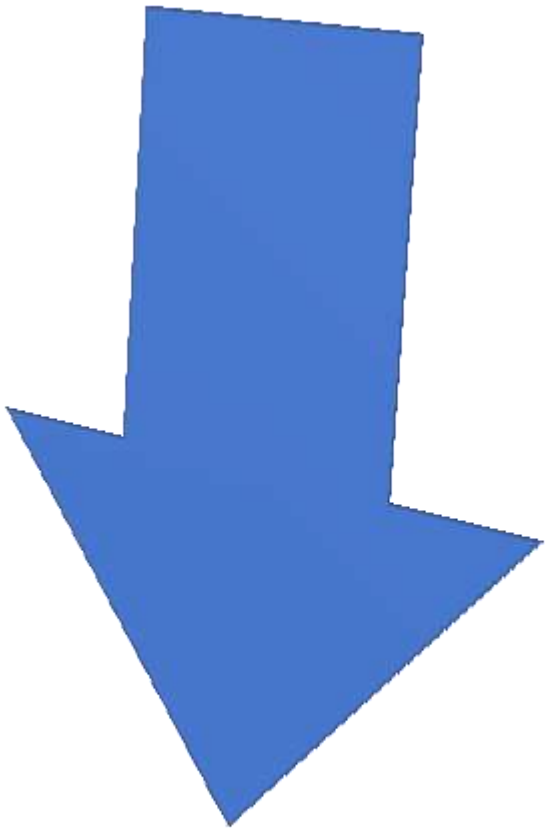
You will discover how to comprehend your existing way of life, determine what is and isn't working, and develop a customized plan that is consistent with your values and objectives.

Contents:

Course Duration 30 – 35 hours

- **Module 1: Understanding your current lifestyle**
- **Module 2: Building a Nutritious Diet**
- **Module 3: Cultivating a Positive Mindset**
- **Module 4: Creating a Sustainable Fitness Routine**
- **Module 5: Maintaining Work-Life Balance**

Reading Material: Healthy Balanced Lifestyle, NEC



Admission Requirements

General Requirements:

- English language proficiency
- Secondary education (12 years or equivalent) or mature student/post-secondary transfer
- Canadian citizenship, permanent residency, or legal study authorization
- ***Minimum age:*** 16
- Applies to both domestic and online students

Admission Process:

- Same criteria for domestic and online applicants

Registration:

- Applicant must complete Global Online Academy Pre-Enrollment form
- Once form has been reviewed & approved, access will be granted to purchase the course

Application Steps:

- Email college at info@newearthcollege.org with any enquiries
- Complete the Global Online Pre-Enrollment form
- Additional remedial courses may be required for non-healthcare/science backgrounds
- ***Potential prerequisites:*** notary-verified documents, academic interview if needed

https://www.newearthcollege.org/

